

2010 OUTDOOR QUALIFYING STANDARDS

MEN'S	OAC A	OAC B	NCAA AUTO	NCAA PROV
100	11.31	11.38	10.55	10.76
200	23.00	23.17	21.31	21.75
400	51.04	51.47	47.50	48.50
800	1:58.15	1:59.34	1:50.80	1:53.00
1500	4:08.44	4:08.86	3:50.60	3:54.50
3000 SC	10:00.18	10:48.72	9:07.00	9:25.00
5000	15:53.56	15:58.63	14:28.00	14:48.00
10000	34:06.87	36:53.56	30:20.00	31:10.00
110 H	17.46	17.85	14.42	14.88
400 H	58.32	59.92	52.65	54.30
4 X 100	AUTO		41.00	41.90
4 X 400	AUTO		3:13.00	3:16.40
HJ	1.84 <i>6-00.50</i>	1.78 <i>5-10.00</i>	2.11 <i>6-11.00</i>	2.02 <i>6-07.50</i>
PV	4.13 <i>13-06.50</i>	3.46 <i>11-04.25</i>	5.07 <i>16-07.50</i>	4.70 <i>15-05.00</i>
LJ	6.35 <i>20-10.00</i>	6.11 <i>20-00.50</i>	7.30 <i>23-11.50</i>	7.00 <i>22-11.75</i>
TJ	12.53 <i>41-01.50</i>	11.79 <i>38-08.25</i>	14.85 <i>48-08.75</i>	14.20 <i>46-07.25</i>
SP	13.80 <i>45-03.50</i>	12.84 <i>42-01.50</i>	17.00 <i>55-09.25</i>	15.45 <i>50-08.25</i>
DT	41.39 <i>135-05</i>	38.48 <i>126-03</i>	51.50 <i>168-11</i>	47.00 <i>154-02</i>
JT	46.02 <i>151-0</i>	41.83 <i>137-02</i>	62.50 <i>205-01</i>	57.80 <i>189-07</i>
HT			57.00 <i>187-00</i>	52.50 <i>172-03</i>
DEC			6600 pts.	6050 pts.